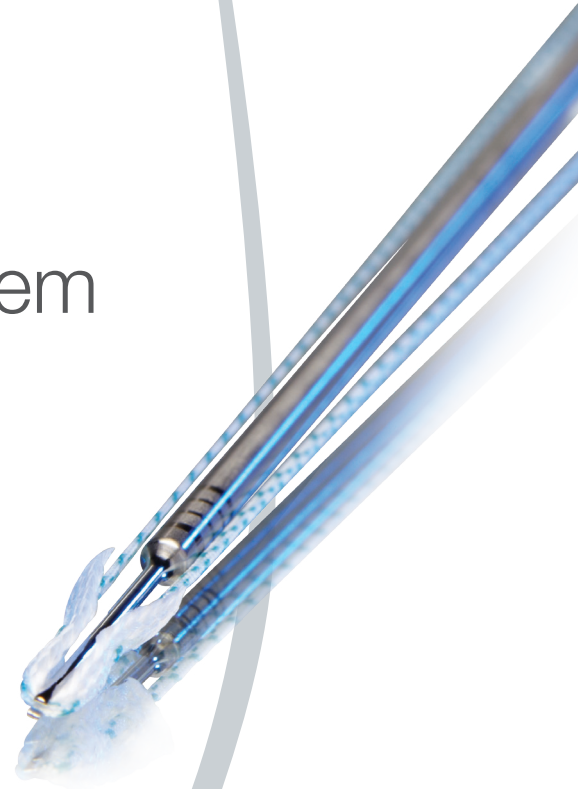
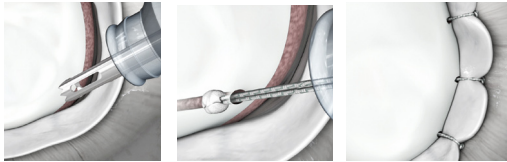




Shoulder Restoration System

Arthroscopic Bankart Repair using
the Y-Knot™ 1.3mm All-Suture Anchor



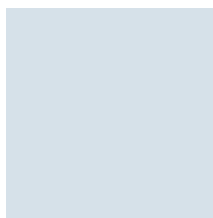
COMMITTED TO INNOVATION

SURGICAL
TECHNIQUE

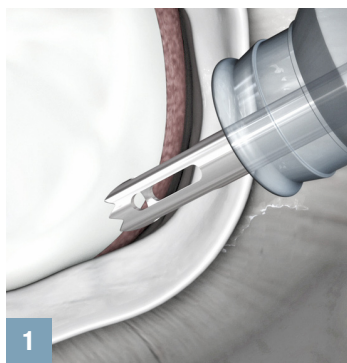
Arthroscopic Bankart Repair using the Y-Knot™ 1.3mm All-Suture Anchor

The Y-Knot™ All-Suture Anchor from ConMed Linvatec combines a small size, soft construct, and secure 360° FormFit™ fixation for soft tissue-to-bone repairs including, but not limited to: SLAP, Bankart, and Reverse Bankart repairs.

Reviewed by L. Pearce McCarty III, MD

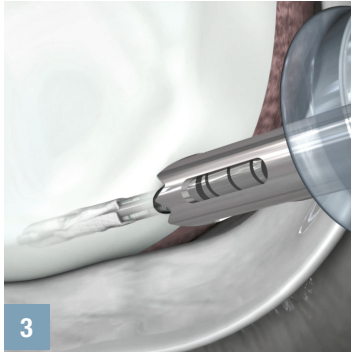


A standard posterior mid-glenoid posterior portal is established for diagnostic viewing purposes. Dual anterior portals are established at the inferior and superior margins of the rotator interval. Preferably, access to the repair site should be established using Dry-Doc® or Hex Flex® Cannulae.

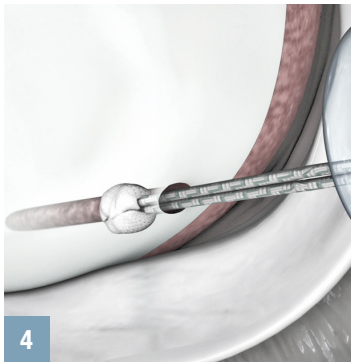


After mobilizing the anterior-inferior labrum, prepare the glenoid for labral repair by creating a bleeding bone surface. To insert the Y-Knot™ All-Suture Anchor, insert the fishmouth or serrated drill guide through the anterior-inferior portal and position it at the desired location on the glenoid.

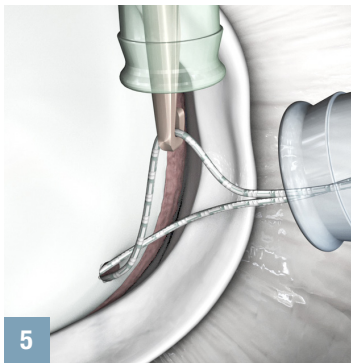
Drill a pilot hole by advancing the 1.3mm Y-Knot™ disposable drill bit until the distal spiral markings on the drill bit fill the window in the drill guide. At this point the distal shoulder of the drill bit will be seated against the surface of the bone.



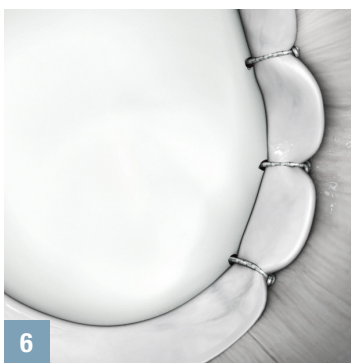
Remove the drill while maintaining guide position over the pilot hole. Insert the Y-Knot™ anchor through the drill guide into the pilot hole. Use a mallet to advance the Y-Knot anchor until the proximal laser mark is flush with the proximal end of the drill guide. At this point, the distal cross hatch markings will be fully visible in the drill guide window.



Unwind the suture from the anchor insertion handle cleats. Remove the insertion handle and drill guide from the joint. Pull on both sutures to set the anchor. Confirm that the suture slides freely. The sutures will pull back 5-10mm as the soft anchor expands and seats in bone.



With a crochet hook or circle grasper, retrieve a suture limb through the anterior-superior portal.



Use a 45° or 60° right or left Spectrum® device to shuttle a limb of suture through the capsule and under the torn anterior-inferior labrum. Tie desired arthroscopic knots and cut excess suture utilizing a Katana® high strength suture cutter. Repeat steps utilizing additional Y-Knot™ anchors to complete the repair.

Y-Knot™ All-Suture Anchor

Y-Knot All-Suture Anchor	HF13
Y-Knot Disposable Drill Bit	HF13D
Drill Guide - Fishmouth	C6171
Drill Guide - Serrated	C6172
Blunt Obturator	C6173
Sharp Trocar	C6174
Instrument Tray	C6178



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